

JETC 2023 ; 6 Hour Ultra

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
1	CHRISTOPHER CAPPELLINI	NORTON, MA	M: 1	RUNNER	409	Laps: 16 05:52:26.84	16	N/A	Overall Male Runners: 1	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:20:02.49			0.0mph	00:20:02.49
				Split 2		00:20:29.73		29:50	0.2mph	00:40:32.22
				Split 3		00:20:39.53		32:28	0.2mph	01:01:11.75
				Split 4		00:21:16.09		42:16	0.2mph	01:22:27.83
				Split 5		00:23:07.46		12:08	0.2mph	01:45:35.28
				Split 6		00:23:51.02		23:49	0.2mph	02:09:26.30
				Split 7		00:23:45.14		22:15	0.2mph	02:33:11.44
				Split 8		00:25:02.18		42:55	0.1mph	02:58:13.61
				Split 9		00:26:30.66		06:39	0.1mph	03:24:44.27
				Split 10		00:25:14.73		46:17	0.1mph	03:49:59.00
				Split 11		00:27:37.25		24:30	0.1mph	04:17:36.25
				Split 12		00:27:56.43		29:39	0.1mph	04:45:32.68
				Split 13		00:27:24.95		21:12	0.1mph	05:12:57.62
				Split 14		00:26:50.81		12:03	0.1mph	05:39:48.43
				Split 15		00:12:15.94		17:23	0.3mph	05:52:04.36
				Split 16		00:00:22.48		06:01	10.0mph	05:52:26.84
2	CHRISTIN DONESKI	HOPKINTON, NH	F: 1	RUNNER	412	Laps: 16 06:13:36.84	16	N/A	Overall Female Runners: 1	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:21:37.49			0.0mph	00:21:37.49
				Split 2		00:21:05.26		39:22	0.2mph	00:42:42.74
				Split 3		00:21:50.01		51:22	0.2mph	01:04:32.75
				Split 4		00:22:02.01		54:35	0.2mph	01:26:34.76
				Split 5		00:21:29.42		45:51	0.2mph	01:48:04.17
				Split 6		00:22:53.06		08:17	0.2mph	02:10:57.23
				Split 7		00:25:35.26		51:47	0.1mph	02:36:32.48
				Split 8		00:23:26.08		17:08	0.2mph	02:59:58.56
				Split 9		00:23:56.09		25:11	0.2mph	03:23:54.65
				Split 10		00:24:23.00		32:24	0.2mph	03:48:17.65
				Split 11		00:24:25.78		33:09	0.2mph	04:12:43.42
				Split 12		00:23:59.82		26:11	0.2mph	04:36:43.24
				Split 13		00:25:36.98		52:15	0.1mph	05:02:20.22
				Split 14		00:26:05.38		59:52	0.1mph	05:28:25.59
				Split 15		00:25:10.80		45:13	0.1mph	05:53:36.39
				Split 16		00:20:00.46		21:59	0.2mph	06:13:36.84
3	ALEXANDRA WOLF	SOMERVILLE, MA	F: 2	RUNNER	444	Laps: 15 05:56:57.05	15	N/A	Overall Female Runners: 2	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:21:38.19			0.0mph	00:21:38.19
				Split 2		00:21:06.90		39:48	0.2mph	00:42:45.08
				Split 3		00:21:48.27		50:54	0.2mph	01:04:33.34
				Split 4		00:22:02.05		54:36	0.2mph	01:26:35.39
				Split 5		00:21:45.37		50:07	0.2mph	01:48:20.76
				Split 6		00:21:51.25		51:42	0.2mph	02:10:12.01
				Split 7		00:22:19.90		59:23	0.2mph	02:32:31.90
				Split 8		00:23:02.67		10:51	0.2mph	02:55:34.57
				Split 9		00:24:39.47		36:49	0.2mph	03:20:14.03
				Split 10		00:26:02.23		59:01	0.1mph	03:46:16.26
				Split 11		00:30:56.02		17:49	0.1mph	04:17:12.27
				Split 12		00:30:08.11		04:58	0.1mph	04:47:20.38
				Split 13		00:28:45.48		42:48	0.1mph	05:16:05.86
				Split 14		00:28:58.21		46:13	0.1mph	05:45:04.06
				Split 15		00:11:53.00		11:14	0.3mph	05:56:57.05
4	MARK BLAKELEY	NORTON, MA	M: 2	RUNNER	404	Laps: 15 06:03:11.11	15	N/A	Overall Male Runners: 2	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:22:21.43			0.0mph	00:22:21.43
				Split 2		00:22:57.99		09:36	0.2mph	00:45:19.42
				Split 3		00:23:07.63		12:11	0.2mph	01:08:27.05
				Split 4		00:23:32.28		18:48	0.2mph	01:31:59.32
				Split 5		00:24:04.64		27:29	0.2mph	01:56:03.95
				Split 6		00:24:12.22		29:31	0.2mph	02:20:16.17
				Split 7		00:24:41.84		37:27	0.2mph	02:44:58.01
				Split 8		00:28:46.10		42:58	0.1mph	03:13:44.10
				Split 9		00:25:52.32		56:22	0.1mph	03:39:36.42
				Split 10		00:26:42.70		09:52	0.1mph	04:06:19.11
				Split 11		00:27:47.36		27:13	0.1mph	04:34:06.47
				Split 12		00:27:54.38		29:06	0.1mph	05:02:00.84
				Split 13		00:28:03.33		31:30	0.1mph	05:30:04.17
				Split 14		00:28:30.24		38:43	0.1mph	05:58:34.40
				Split 15		00:04:36.71		14:13	0.8mph	06:03:11.11

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5	DEIRDRE LOWE	SALEM, MA	F: 3	RUNNER	427	Laps: 14 05:45:19.71	14	N/A	Overall Female Runners: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:21:42.01		0.0mph	00:21:42.01
						Split 2	00:21:56.21	53:02	0.2mph	00:43:38.22
						Split 3	00:22:48.73	07:07	0.2mph	01:06:26.94
						Split 4	00:23:54.79	24:50	0.2mph	01:30:21.73
						Split 5	00:24:00.44	26:21	0.2mph	01:54:22.16
						Split 6	00:25:26.86	49:32	0.1mph	02:19:49.02
						Split 7	00:25:11.40	45:23	0.1mph	02:45:00.41
						Split 8	00:26:02.54	59:06	0.1mph	03:11:02.94
						Split 9	00:26:57.07	13:44	0.1mph	03:38:00.00
						Split 10	00:26:59.13	14:17	0.1mph	04:04:59.13
						Split 11	00:28:46.66	43:07	0.1mph	04:33:45.78
						Split 12	00:29:46.49	59:10	0.1mph	05:03:32.27
						Split 13	00:27:30.32	22:39	0.1mph	05:31:02.58
						Split 14	00:14:17.14	49:54	0.3mph	05:45:19.71
6	NICK HILL	BENNINGTON, NH	M: 3	RUNNER	421	Laps: 14 05:49:59.47	14	N/A	Overall Male Runners: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:23:28.25		0.0mph	00:23:28.25
						Split 2	00:24:41.45	37:21	0.2mph	00:48:09.69
						Split 3	00:24:49.38	39:29	0.2mph	01:12:59.07
						Split 4	00:25:56.07	57:22	0.1mph	01:38:55.13
						Split 5	00:26:24.28	04:56	0.1mph	02:05:19.41
						Split 6	00:00:43.45	11:39	5.1mph	02:06:02.85
						Split 7	00:28:08.32	32:50	0.1mph	02:34:11.17
						Split 8	00:28:54.41	45:12	0.1mph	03:03:05.57
						Split 9	00:30:14.67	06:44	0.1mph	03:33:20.24
						Split 10	00:29:46.26	59:06	0.1mph	04:03:06.49
						Split 11	00:27:56.63	29:42	0.1mph	04:31:03.11
						Split 12	00:28:51.79	44:30	0.1mph	04:59:54.90
						Split 13	00:35:23.87	29:40	0.1mph	05:35:18.77
						Split 14	00:14:40.70	56:13	0.3mph	05:49:59.47
7	LYSSA NOWAKOWSKI	BUFFALO, NY	F: 4	RUNNER	433	Laps: 13 05:46:16.45	13	N/A	Overall Female Runners: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:24:28.48		0.0mph	00:24:28.48
						Split 2	00:26:33.75	07:28	0.1mph	00:51:02.22
						Split 3	00:26:42.90	09:56	0.1mph	01:17:45.12
						Split 4	00:33:37.11	01:02	0.1mph	01:51:22.23
						Split 5	00:30:20.24	08:13	0.1mph	02:21:42.46
						Split 6	00:31:04.70	20:09	0.1mph	02:52:47.16
						Split 7	00:28:37.16	40:34	0.1mph	03:21:24.32
						Split 8	00:33:47.83	03:54	0.1mph	03:55:12.14
						Split 9	00:30:22.05	08:42	0.1mph	04:25:34.19
						Split 10	00:33:22.08	57:00	0.1mph	04:58:56.27
						Split 11	00:32:43.20	46:34	0.1mph	05:31:39.46
						Split 12	00:14:17.03	49:52	0.3mph	05:45:56.48
						Split 13	00:00:19.97	05:21	11.2mph	05:46:16.45
8	TED NIEMANN	COLUMBUS, OH	M: 4	RUNNER	432	Laps: 13 05:48:32.14	13	N/A	Overall Male Runners: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:23:19.48		0.0mph	00:23:19.48
						Split 2	00:24:09.43	28:46	0.2mph	00:47:28.91
						Split 3	00:24:25.39	33:03	0.2mph	01:11:54.29
						Split 4	00:25:22.56	48:23	0.1mph	01:37:16.85
						Split 5	00:27:10.48	17:19	0.1mph	02:04:27.33
						Split 6	00:26:38.95	08:52	0.1mph	02:31:06.27
						Split 7	00:26:15.57	02:36	0.1mph	02:57:21.84
						Split 8	00:26:31.05	06:45	0.1mph	03:23:52.89
						Split 9	00:26:01.93	58:56	0.1mph	03:49:54.81
						Split 10	00:27:10.80	17:25	0.1mph	04:17:05.61
						Split 11	00:31:36.32	28:38	0.1mph	04:48:41.93
						Split 12	00:30:04.76	04:04	0.1mph	05:18:46.68
						Split 13	00:29:45.46	58:54	0.1mph	05:48:32.14

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9	JOSEPH GIARRUSSO	BOZEMAN, MT	M: 5	RUNNER	417	Laps: 12 05:30:57.27	12	N/A	Overall Male Runners: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:20:54.69		0.0mph	00:20:54.69
						Split 2	00:21:40.73	48:53	0.2mph	00:42:35.41
						Split 3	00:23:35.57	19:41	0.2mph	01:06:10.98
						Split 4	00:24:50.07	39:40	0.2mph	01:31:01.05
						Split 5	00:26:17.63	03:09	0.1mph	01:57:18.67
						Split 6	00:26:18.93	03:30	0.1mph	02:23:37.60
						Split 7	00:25:55.09	57:06	0.1mph	02:49:32.68
						Split 8	00:28:12.73	34:01	0.1mph	03:17:45.41
						Split 9	00:30:25.08	09:31	0.1mph	03:48:10.48
						Split 10	00:35:11.81	26:26	0.1mph	04:23:22.29
						Split 11	00:34:09.59	09:44	0.1mph	04:57:31.87
						Split 12	00:33:25.40	57:53	0.1mph	05:30:57.27
10	ISRAEL AGRONT	MEDFORD, MA	M: 6	RUNNER	401	Laps: 12 05:44:05.95	12	N/A	Overall Male Runners: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:29:43.13		0.0mph	00:29:43.13
						Split 2	00:32:06.56	36:44	0.1mph	01:01:49.69
						Split 3	00:30:36.33	12:32	0.1mph	01:32:26.02
						Split 4	00:31:25.82	25:49	0.1mph	02:03:51.84
						Split 5	00:32:19.69	40:16	0.1mph	02:36:11.52
						Split 6	00:29:56.83	01:57	0.1mph	03:06:08.35
						Split 7	00:28:37.53	40:40	0.1mph	03:34:45.88
						Split 8	00:28:24.42	37:09	0.1mph	04:03:10.29
						Split 9	00:27:52.36	28:33	0.1mph	04:31:02.65
						Split 10	00:25:48.73	55:24	0.1mph	04:56:51.37
						Split 11	00:25:49.27	55:33	0.1mph	05:22:40.64
						Split 12	00:21:25.31	44:44	0.2mph	05:44:05.95
11	MATTHEW HOFMANN	CHELMSFORD, MA	M: 7	RUNNER	422	Laps: 12 05:45:09.40	12	N/A	Overall Male Runners: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:23:24.05		0.0mph	00:23:24.05
						Split 2	00:25:01.39	42:42	0.1mph	00:48:25.43
						Split 3	00:26:00.71	58:37	0.1mph	01:14:26.14
						Split 4	00:26:06.60	00:11	0.1mph	01:40:32.73
						Split 5	00:27:04.02	15:35	0.1mph	02:07:36.75
						Split 6	00:27:13.40	18:06	0.1mph	02:34:50.14
						Split 7	00:30:00.11	02:49	0.1mph	03:04:50.25
						Split 8	00:31:06.47	20:37	0.1mph	03:35:56.71
						Split 9	00:32:54.17	49:31	0.1mph	04:08:50.88
						Split 10	00:33:12.02	54:18	0.1mph	04:42:02.89
						Split 11	00:33:00.99	51:20	0.1mph	05:15:03.88
						Split 12	00:30:05.52	04:16	0.1mph	05:45:09.40
12	LESLEY ROSSI	NEW BOSTON, NH	F: 5	RUNNER	437	Laps: 12 05:45:51.22	12	N/A	Overall Female Runners: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:26:05.91		0.0mph	00:26:05.91
						Split 2	00:26:17.03	02:59	0.1mph	00:52:22.93
						Split 3	00:27:13.30	18:05	0.1mph	01:19:36.22
						Split 4	00:29:44.83	58:43	0.1mph	01:49:21.05
						Split 5	00:28:17.04	35:11	0.1mph	02:17:38.08
						Split 6	00:27:50.97	28:11	0.1mph	02:45:29.05
						Split 7	00:30:04.21	03:55	0.1mph	03:15:33.25
						Split 8	00:29:28.23	54:16	0.1mph	03:45:01.48
						Split 9	00:28:47.61	43:23	0.1mph	04:13:49.08
						Split 10	00:33:10.70	53:57	0.1mph	04:46:59.78
						Split 11	00:28:55.98	45:37	0.1mph	05:15:55.75
						Split 12	00:29:55.48	01:35	0.1mph	05:45:51.22

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13	ALEX CABRERA	BROOKLINE, NH	M: 8	RUNNER	406	Laps: 12 05:49:56.24	12	N/A	Overall Male Runners: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:25:29.77		0.0mph	00:25:29.77
						Split 2	00:27:00.28	14:35	0.1mph	00:52:30.04
						Split 3	00:25:49.42	55:35	0.1mph	01:18:19.46
						Split 4	00:29:16.54	51:08	0.1mph	01:47:36.00
						Split 5	00:27:37.25	24:30	0.1mph	02:15:13.25
						Split 6	00:30:03.04	03:36	0.1mph	02:45:16.28
						Split 7	00:31:30.26	27:00	0.1mph	03:16:46.54
						Split 8	00:34:35.16	16:36	0.1mph	03:51:21.69
						Split 9	00:31:25.61	25:45	0.1mph	04:22:47.30
						Split 10	00:32:24.61	41:35	0.1mph	04:55:11.91
						Split 11	00:37:25.15	02:12	0.1mph	05:32:37.06
						Split 12	00:17:19.18	38:43	0.2mph	05:49:56.24
14	JOSEPH PUTNEY	BEDFORD, AL	M: 9	RUNNER	434	Laps: 12 05:51:07.64	12	N/A	Overall Male Runners: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:24:58.40		0.0mph	00:24:58.40
						Split 2	00:25:40.24	53:07	0.1mph	00:50:38.63
						Split 3	00:25:44.68	54:19	0.1mph	01:16:23.31
						Split 4	00:26:15.65	02:37	0.1mph	01:42:38.95
						Split 5	00:26:37.72	08:32	0.1mph	02:09:16.67
						Split 6	00:27:41.50	25:39	0.1mph	02:36:58.16
						Split 7	00:29:39.32	57:15	0.1mph	03:06:37.48
						Split 8	00:32:09.66	37:34	0.1mph	03:38:47.13
						Split 9	00:34:41.52	18:18	0.1mph	04:13:28.64
						Split 10	00:34:58.82	22:57	0.1mph	04:48:27.45
						Split 11	00:31:52.94	33:05	0.1mph	05:20:20.39
						Split 12	00:30:47.26	15:28	0.1mph	05:51:07.64
15	WILLIAM CADDOO	WAYLAND, MA	M: 10	RUNNER	408	Laps: 12 05:52:37.01	12	N/A	Overall Male Runners: 10	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:23:47.67		0.0mph	00:23:47.67
						Split 2	00:24:35.66	35:48	0.2mph	00:48:23.32
						Split 3	00:26:01.83	58:55	0.1mph	01:14:25.14
						Split 4	00:28:29.02	38:23	0.1mph	01:42:54.16
						Split 5	00:30:31.32	11:12	0.1mph	02:13:25.48
						Split 6	00:31:58.54	34:35	0.1mph	02:45:24.01
						Split 7	00:32:13.27	38:32	0.1mph	03:17:37.28
						Split 8	00:35:15.41	27:24	0.1mph	03:52:52.69
						Split 9	00:34:46.03	19:31	0.1mph	04:27:38.72
						Split 10	00:35:14.67	27:12	0.1mph	05:02:53.39
						Split 11	00:35:38.79	33:40	0.1mph	05:38:32.17
						Split 12	00:14:04.84	46:36	0.3mph	05:52:37.01
16	KATHY JACQUES	NORTON, MA	F: 6	RUNNER	424	Laps: 12 05:54:20.60	12	N/A	Overall Female Runners: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:22:29.15		0.0mph	00:22:29.15
						Split 2	00:24:33.44	35:12	0.2mph	00:47:02.58
						Split 3	00:27:32.14	23:08	0.1mph	01:14:34.72
						Split 4	00:25:36.55	52:08	0.1mph	01:40:11.27
						Split 5	00:28:53.53	44:58	0.1mph	02:09:04.79
						Split 6	00:31:21.53	24:40	0.1mph	02:40:26.32
						Split 7	00:30:37.24	12:47	0.1mph	03:11:03.55
						Split 8	00:31:36.95	28:48	0.1mph	03:42:40.49
						Split 9	00:33:34.26	00:16	0.1mph	04:16:14.75
						Split 10	00:35:42.63	34:42	0.1mph	04:51:57.38
						Split 11	00:32:41.45	46:06	0.1mph	05:24:38.83
						Split 12	00:29:41.78	57:54	0.1mph	05:54:20.60
17	BENJAMIN NIEBLA	HILLSBORO, NH	M: 11	RUNNER	431	Laps: 11 05:46:48.95	11	N/A	Overall Male Runners: 11	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:23:28.10		0.0mph	00:23:28.10
						Split 2	00:25:36.83	52:12	0.1mph	00:49:04.93
						Split 3	00:24:48.59	39:16	0.2mph	01:13:53.52
						Split 4	00:24:19.42	31:27	0.2mph	01:38:12.94
						Split 5	00:26:49.62	11:44	0.1mph	02:05:02.55
						Split 6	00:26:41.21	09:28	0.1mph	02:31:43.76
						Split 7	00:30:06.34	04:30	0.1mph	03:01:50.09
						Split 8	00:31:53.53	33:15	0.1mph	03:33:43.62
						Split 9	00:36:31.15	47:43	0.1mph	04:10:14.77
						Split 10	00:35:25.84	30:11	0.1mph	04:45:40.61
						Split 11	01:01:08.34	23:56	0.1mph	05:46:48.95

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Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
18	STEFEN KEITH	PEMBROKE, NH	M: 12	RUNNER	446	Laps: 11 05:49:35.07	11	N/A	Overall Male Runners: 12	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:28:44.00		0.0mph	00:28:44.00
						Split 2	00:24:55.06	41:00	0.1mph	00:53:39.05
						Split 3	00:22:40.61	04:56	0.2mph	01:16:19.66
						Split 4	00:23:29.17	17:58	0.2mph	01:39:48.83
						Split 5	00:26:14.03	02:11	0.1mph	02:06:02.85
						Split 6	00:43:26.49	39:07	0.1mph	02:49:29.34
						Split 7	00:38:44.30	23:25	0.1mph	03:28:13.64
						Split 8	00:33:50.47	04:37	0.1mph	04:02:04.11
						Split 9	00:37:39.48	06:02	0.1mph	04:39:43.58
						Split 10	00:36:10.02	42:02	0.1mph	05:15:53.59
						Split 11	00:33:41.48	02:12	0.1mph	05:49:35.07
19	JULES GODINO	BOSTON, MA	M: 13	RUNNER	418	Laps: 11 05:51:47.62	11	N/A	Overall Male Runners: 13	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:29:49.99		0.0mph	00:29:49.99
						Split 2	00:32:01.19	35:18	0.1mph	01:01:51.18
						Split 3	00:32:46.11	47:21	0.1mph	01:34:37.28
						Split 4	00:34:15.84	11:25	0.1mph	02:08:53.12
						Split 5	00:31:28.22	26:27	0.1mph	02:40:21.33
						Split 6	00:32:02.93	35:46	0.1mph	03:12:24.26
						Split 7	00:28:59.01	46:26	0.1mph	03:41:23.27
						Split 8	00:32:33.34	43:55	0.1mph	04:13:56.60
						Split 9	00:34:36.25	16:53	0.1mph	04:48:32.85
						Split 10	00:30:00.13	02:50	0.1mph	05:18:32.97
						Split 11	00:33:14.65	55:00	0.1mph	05:51:47.62
20	JUSTIN DEFLUMERI	NASHUA, NH	M: 14	RUNNER	411	Laps: 11 05:54:22.99	11	N/A	Overall Male Runners: 14	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:24:27.84		0.0mph	00:24:27.84
						Split 2	00:27:19.76	19:49	0.1mph	00:51:47.60
						Split 3	00:27:39.91	25:13	0.1mph	01:19:27.50
						Split 4	00:30:25.84	09:43	0.1mph	01:49:53.34
						Split 5	00:31:35.83	28:30	0.1mph	02:21:29.16
						Split 6	00:35:07.48	25:16	0.1mph	02:56:36.64
						Split 7	00:38:42.08	22:50	0.1mph	03:35:18.72
						Split 8	00:40:48.60	56:46	0.1mph	04:16:07.31
						Split 9	00:41:57.34	15:12	0.1mph	04:58:04.64
						Split 10	00:37:44.07	07:16	0.1mph	05:35:48.70
						Split 11	00:18:34.30	58:52	0.2mph	05:54:22.99
21	JOSHUA GRAYUM	MERRIMACK, NH	M: 15	RUNNER	419	Laps: 11 05:54:34.81	11	N/A	Overall Male Runners: 15	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:25:37.63		0.0mph	00:25:37.63
						Split 2	00:27:20.19	19:56	0.1mph	00:52:57.82
						Split 3	00:28:30.06	38:40	0.1mph	01:21:27.88
						Split 4	00:28:31.85	39:09	0.1mph	01:49:59.72
						Split 5	00:33:43.54	02:45	0.1mph	02:23:43.25
						Split 6	00:36:26.53	46:28	0.1mph	03:00:09.78
						Split 7	00:37:15.45	59:35	0.1mph	03:37:25.22
						Split 8	00:41:41.86	11:03	0.1mph	04:19:07.08
						Split 9	00:38:12.54	14:54	0.1mph	04:57:19.61
						Split 10	00:37:25.45	02:16	0.1mph	05:34:45.06
						Split 11	00:19:49.75	19:07	0.2mph	05:54:34.81
22	MARK BELANGER	WEST NEWBURY, MA	M: 16	RUNNER	403	Laps: 10 05:01:31.72	10	N/A	Overall Male Runners: 16	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:24:29.70		0.0mph	00:24:29.70
						Split 2	00:26:33.15	07:19	0.1mph	00:51:02.85
						Split 3	00:26:43.24	10:01	0.1mph	01:17:46.09
						Split 4	00:28:57.01	45:54	0.1mph	01:46:43.09
						Split 5	00:28:55.49	45:29	0.1mph	02:15:38.58
						Split 6	00:29:13.24	50:15	0.1mph	02:44:51.82
						Split 7	00:31:08.01	21:02	0.1mph	03:15:59.82
						Split 8	00:34:39.10	17:39	0.1mph	03:50:38.92
						Split 9	00:34:20.02	12:32	0.1mph	04:24:58.93
						Split 10	00:36:32.80	48:09	0.1mph	05:01:31.72

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Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
23	ANDREE WERNER	BELGRADE, MT	F: 7	RUNNER	448	Laps: 10 05:36:07.80	10	N/A	Overall Female Runners: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:22:20.87		0.0mph	00:22:20.87
						Split 2	00:24:18.21	31:07	0.2mph	00:46:39.08
						Split 3	00:25:11.67	45:27	0.1mph	01:11:50.75
						Split 4	00:26:37.06	08:22	0.1mph	01:38:27.81
						Split 5	00:32:24.83	41:38	0.1mph	02:10:52.63
						Split 6	00:34:34.58	16:26	0.1mph	02:45:27.21
						Split 7	00:35:56.00	38:17	0.1mph	03:21:23.20
						Split 8	00:42:36.01	25:34	0.1mph	04:03:59.21
						Split 9	00:45:34.47	13:26	0.1mph	04:49:33.68
						Split 10	00:46:34.13	29:27	0.1mph	05:36:07.80
24	KRISTINE REARDON	MEREDITH, NH	F: 8	RUNNER	447	Laps: 10 05:49:36.68	10	N/A	Overall Female Runners: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:28:44.51		0.0mph	00:28:44.51
						Split 2	00:30:51.37	16:34	0.1mph	00:59:35.88
						Split 3	00:33:49.18	04:16	0.1mph	01:33:25.06
						Split 4	00:32:38.37	45:16	0.1mph	02:06:03.42
						Split 5	00:43:27.24	39:19	0.1mph	02:49:30.65
						Split 6	00:38:42.91	23:03	0.1mph	03:28:13.56
						Split 7	00:33:50.00	04:29	0.1mph	04:02:03.55
						Split 8	00:37:40.20	06:14	0.1mph	04:39:43.75
						Split 9	00:36:08.78	41:42	0.1mph	05:15:52.53
						Split 10	00:33:44.15	02:55	0.1mph	05:49:36.68
25	JOHN WIELGUS	BROOKLINE, NH	M: 17	RUNNER	443	Laps: 10 05:51:13.31	10	N/A	Overall Male Runners: 17	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:30:07.68		0.0mph	00:30:07.68
						Split 2	00:31:45.26	31:02	0.1mph	01:01:52.94
						Split 3	00:32:59.33	50:54	0.1mph	01:34:52.27
						Split 4	00:34:15.05	11:12	0.1mph	02:09:07.32
						Split 5	00:34:53.26	21:27	0.1mph	02:44:00.57
						Split 6	00:36:04.92	40:40	0.1mph	03:20:05.49
						Split 7	00:36:25.73	46:15	0.1mph	03:56:31.21
						Split 8	00:37:56.75	10:40	0.1mph	04:34:27.96
						Split 9	00:38:03.38	12:27	0.1mph	05:12:31.33
						Split 10	00:38:41.98	22:48	0.1mph	05:51:13.31
26	BRANDON BARNABY	BEDFORD, NH	M: 18	RUNNER	402	Laps: 10 05:52:02.90	10	N/A	Overall Male Runners: 18	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:24:21.55		0.0mph	00:24:21.55
						Split 2	00:25:47.70	55:07	0.1mph	00:50:09.24
						Split 3	00:28:28.29	38:12	0.1mph	01:18:37.52
						Split 4	00:30:24.61	09:24	0.1mph	01:49:02.13
						Split 5	00:34:27.48	14:32	0.1mph	02:23:29.60
						Split 6	00:39:54.56	42:16	0.1mph	03:03:24.15
						Split 7	00:40:22.29	49:42	0.1mph	03:43:46.44
						Split 8	00:57:02.92	18:06	0.1mph	04:40:49.36
						Split 9	00:38:58.99	27:22	0.1mph	05:19:48.34
						Split 10	00:32:14.56	38:53	0.1mph	05:52:02.90
27	ANNETTE FLORCZAK	ROSLINDALE, MA	F: 9	RUNNER	416	Laps: 9 05:32:44.20	9	N/A	Overall Female Runners: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:32:55.30		0.0mph	00:32:55.30
						Split 2	00:35:50.73	36:52	0.1mph	01:08:46.03
						Split 3	00:35:06.69	25:03	0.1mph	01:43:52.71
						Split 4	00:37:44.23	07:19	0.1mph	02:21:36.93
						Split 5	00:41:44.30	11:42	0.1mph	03:03:21.23
						Split 6	00:43:37.68	42:07	0.1mph	03:46:58.91
						Split 7	00:44:23.13	54:18	0.1mph	04:31:22.03
						Split 8	00:41:06.74	01:38	0.1mph	05:12:28.77
						Split 9	00:20:15.43	26:00	0.2mph	05:32:44.20

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Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
28	KURT LOZIER	LOUDONVILLE, NY	M: 19	RUNNER	429	Laps: 9 05:44:46.13	9	N/A	Overall Male Runners: 19	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:31:35.53		0.0mph	00:31:35.53
						Split 2	00:36:55.76	54:19	0.1mph	01:08:31.29
						Split 3	00:34:15.82	11:25	0.1mph	01:42:47.11
						Split 4	00:34:18.95	12:15	0.1mph	02:17:06.06
						Split 5	00:38:16.59	15:59	0.1mph	02:55:22.64
						Split 6	00:39:35.43	37:08	0.1mph	03:34:58.07
						Split 7	00:40:55.96	58:44	0.1mph	04:15:54.02
						Split 8	00:49:25.65	15:27	0.1mph	05:05:19.67
						Split 9	00:39:26.47	34:44	0.1mph	05:44:46.13
29	CARI CAUSEY	JERICO, VT	F: 10	RUNNER	410	Laps: 9 06:13:35.72	9	N/A	Overall Female Runners: 10	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:30:33.03		0.0mph	00:30:33.03
						Split 2	00:34:16.56	11:37	0.1mph	01:04:49.59
						Split 3	00:36:43.81	51:06	0.1mph	01:41:33.40
						Split 4	00:40:24.31	50:15	0.1mph	02:21:57.71
						Split 5	00:40:37.86	53:53	0.1mph	03:02:35.56
						Split 6	00:46:38.13	30:31	0.1mph	03:49:13.69
						Split 7	00:45:57.09	19:30	0.1mph	04:35:10.77
						Split 8	00:48:09.82	55:06	0.1mph	05:23:20.59
						Split 9	00:50:15.13	28:43	0.1mph	06:13:35.72
30	AMY JORDAN	MANCHESTER, NH	F: 11	RUNNER	425	Laps: 8 03:58:47.70	8	N/A	Overall Female Runners: 11	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:25:34.18		0.0mph	00:25:34.18
						Split 2	00:26:26.67	05:34	0.1mph	00:52:00.84
						Split 3	00:27:27.64	21:56	0.1mph	01:19:28.48
						Split 4	00:29:10.31	49:28	0.1mph	01:48:38.78
						Split 5	00:30:11.86	05:58	0.1mph	02:18:50.64
						Split 6	00:30:51.51	16:36	0.1mph	02:49:42.14
						Split 7	00:34:20.72	12:43	0.1mph	03:24:02.86
						Split 8	00:34:44.85	19:12	0.1mph	03:58:47.70
31	SHAYLA GREENE	BROOKLINE, NH	F: 12	RUNNER	420	Laps: 8 05:36:26.50	8	N/A	Overall Female Runners: 12	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:31:25.16		0.0mph	00:31:25.16
						Split 2	00:34:15.36	11:17	0.1mph	01:05:40.51
						Split 3	00:43:38.57	42:21	0.1mph	01:49:19.08
						Split 4	00:45:48.99	17:20	0.1mph	02:35:08.06
						Split 5	00:50:29.88	32:40	0.1mph	03:25:37.93
						Split 6	00:53:45.25	25:05	0.1mph	04:19:23.18
						Split 7	00:48:47.27	05:09	0.1mph	05:08:10.44
						Split 8	00:28:16.06	34:55	0.1mph	05:36:26.50
32	NATE MCBRIDE	STOW, MA	M: 20	RUNNER	430	Laps: 7 03:29:30.73	7	N/A	Overall Male Runners: 20	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:23:46.83		0.0mph	00:23:46.83
						Split 2	00:24:34.28	35:26	0.2mph	00:48:21.11
						Split 3	00:25:58.48	58:01	0.1mph	01:14:19.58
						Split 4	00:28:29.81	38:36	0.1mph	01:42:49.38
						Split 5	00:30:36.43	12:34	0.1mph	02:13:25.80
						Split 6	00:31:38.91	29:19	0.1mph	02:45:04.70
						Split 7	00:44:26.03	55:05	0.1mph	03:29:30.73
33	MATT SCHILLER	STERLING, MA	M: 21	RUNNER	439	Laps: 7 03:35:26.66	7	N/A	Overall Male Runners: 21	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:25:03.71		0.0mph	00:25:03.71
						Split 2	00:27:04.78	15:48	0.1mph	00:52:08.49
						Split 3	00:28:16.04	34:54	0.1mph	01:20:24.52
						Split 4	00:30:54.45	17:24	0.1mph	01:51:18.97
						Split 5	00:32:47.44	47:42	0.1mph	02:24:06.40
						Split 6	00:33:12.73	54:29	0.1mph	02:57:19.12
						Split 7	00:38:07.54	13:34	0.1mph	03:35:26.66

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Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
34	RICK FIJALKOWSKI	TYNGSBORO, MA	M: 22	RUNNER	415	Laps: 7 04:06:31.14	7	N/A	Overall Male Runners: 22	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:27:46.31		0.0mph	00:27:46.31
						Split 2	00:29:41.65	57:52	0.1mph	00:57:27.95
						Split 3	00:32:43.62	46:41	0.1mph	01:30:11.56
						Split 4	00:34:04.87	08:28	0.1mph	02:04:16.43
						Split 5	00:32:31.21	43:21	0.1mph	02:36:47.64
						Split 6	00:40:26.51	50:50	0.1mph	03:17:14.14
						Split 7	00:49:17.00	13:08	0.1mph	04:06:31.14
35	MINDY RANDALL	GOFFSTOWN, NH	F: 13	RUNNER	436	Laps: 7 04:23:10.37	7	N/A	Overall Female Runners: 13	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:28:27.49		0.0mph	00:28:27.49
						Split 2	00:30:32.99	11:39	0.1mph	00:59:00.48
						Split 3	00:31:17.42	23:33	0.1mph	01:30:17.90
						Split 4	00:34:06.96	09:02	0.1mph	02:04:24.85
						Split 5	00:43:01.00	32:17	0.1mph	02:47:25.85
						Split 6	00:44:16.20	52:27	0.1mph	03:31:42.04
						Split 7	00:51:28.33	48:21	0.1mph	04:23:10.37
36	EMILY LOWREY	NEW BOSTON, NH	F: 14	RUNNER	428	Laps: 7 05:45:50.11	7	N/A	Overall Female Runners: 14	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:26:04.64		0.0mph	00:26:04.64
						Split 2	00:53:32.79	21:44	0.1mph	01:19:37.42
						Split 3	00:58:01.68	33:51	0.1mph	02:17:39.09
						Split 4	00:57:54.72	31:59	0.1mph	03:15:33.80
						Split 5	00:58:16.32	37:47	0.1mph	04:13:50.12
						Split 6	01:02:06.27	39:28	0.1mph	05:15:56.39
						Split 7	00:29:53.72	01:07	0.1mph	05:45:50.11
37	LORI CADDOO	WAYLAND, MA	F: 15	RUNNER	407	Laps: 7 05:48:23.69	7	N/A	Overall Female Runners: 15	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:43:07.20		0.0mph	00:43:07.20
						Split 2	00:44:51.26	01:51	0.1mph	01:27:58.45
						Split 3	00:49:46.59	21:04	0.1mph	02:17:45.03
						Split 4	00:51:13.55	44:23	0.1mph	03:08:58.58
						Split 5	00:51:14.46	44:38	0.1mph	04:00:13.04
						Split 6	00:57:44.92	29:22	0.1mph	04:57:57.95
						Split 7	00:50:25.74	31:34	0.1mph	05:48:23.69
38	ERIC RANDALL	GOFFSTOWN, NH	M: 23	RUNNER	435	Laps: 7 05:48:24.41	7	N/A	Overall Male Runners: 23	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:43:08.65		0.0mph	00:43:08.65
						Split 2	00:44:50.20	01:34	0.1mph	01:27:58.85
						Split 3	00:49:45.98	20:54	0.1mph	02:17:44.82
						Split 4	00:51:12.93	44:13	0.1mph	03:08:57.74
						Split 5	00:51:14.84	44:44	0.1mph	04:00:12.57
						Split 6	00:57:47.05	29:56	0.1mph	04:57:59.62
						Split 7	00:50:24.79	31:19	0.1mph	05:48:24.41
39	NICOLE SAWYER	PARSONSFIELD, ME	F: 16	RUNNER	438	Laps: 6 04:35:31.67	6	N/A	Overall Female Runners: 16	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:32:03.02		0.0mph	00:32:03.02
						Split 2	00:38:33.46	20:31	0.1mph	01:10:36.48
						Split 3	00:40:19.41	48:56	0.1mph	01:50:55.88
						Split 4	00:40:38.88	54:09	0.1mph	02:31:34.75
						Split 5	01:00:26.80	12:47	0.1mph	03:32:01.55
						Split 6	01:03:30.12	01:57	0.1mph	04:35:31.67
40	AMY DAVIDSON	CONTOOCCOOK, NH	F: 17	RUNNER	445	Laps: 5 03:17:35.12	5	N/A	Overall Female Runners: 17	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish	00:36:46.80		0.0mph	00:36:46.80
						Split 2	00:33:30.68	59:18	0.1mph	01:10:17.48
						Split 3	00:36:17.19	43:58	0.1mph	01:46:34.66
						Split 4	00:40:39.19	54:14	0.1mph	02:27:13.84
						Split 5	00:50:21.28	30:22	0.1mph	03:17:35.12

JETC 2023 ; 6 Hour Ultra

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank
41	SHERRIE GIBSON	GOFFSTOWN, NH	F: 18	RUNNER	449	Laps: 4 03:24:16.36	4	N/A	Overall Female Runners: 18
42	DAVID BOUDREAU	NASHUA, NH	M: 24	RUNNER	405	Laps: 1 06:13:45.75	1	N/A	Overall Male Runners: 24

JETC 2023 ; Trail Marathon

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Division Rank
1	RUSSET MORROW	MILLIS, MA	F: 1	RUNNER	588	04:20:08.99	09:55	Overall Female Runners: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
			Split 1	00:22:40.58		08:39	6.9mph	00:22:40.58
			Split 2	00:23:17.27		08:53	6.8mph	00:45:57.85
			Split 3	00:23:53.61		09:07	6.6mph	01:09:51.45
			Split 4	00:24:39.23		09:24	6.4mph	01:34:30.67
			Split 5	00:24:49.51		09:28	6.3mph	01:59:20.18
			Split 6	00:25:24.85		09:41	6.2mph	02:24:45.02
			Split 7	00:26:34.33		10:08	5.9mph	02:51:19.35
			Split 8	00:28:31.78		10:53	5.5mph	03:19:51.12
			Split 9	00:28:56.39		11:02	5.4mph	03:48:47.51
			Split 10	00:31:21.49		11:58	5.0mph	04:20:08.99
2	KIMBERLY BATTIPAGLIA	NEW HAVEN, CT	F: 2	RUNNER	585	04:45:51.53	10:54	Overall Female Runners: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
			Split 1	00:25:06.56		09:35	6.3mph	00:25:06.56
			Split 2	00:25:16.30		09:38	6.2mph	00:50:22.85
			Split 3	00:25:33.61		09:45	6.2mph	01:15:56.46
			Split 4	00:27:12.55		10:23	5.8mph	01:43:09.00
			Split 5	00:28:50.69		11:00	5.4mph	02:11:59.69
			Split 6	00:29:43.44		11:20	5.3mph	02:41:43.13
			Split 7	00:31:46.50		12:07	4.9mph	03:13:29.63
			Split 8	00:31:40.79		12:05	5.0mph	03:45:10.42
			Split 9	00:31:07.88		11:52	5.0mph	04:16:18.29
			Split 10	00:29:33.24		11:16	5.3mph	04:45:51.53
3	ANNIKA MORGAN	REDDING, CT	F: 3	RUNNER	587	05:27:24.46	12:29	Overall Female Runners: 3
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
			Split 1	00:28:36.33		10:55	5.5mph	00:28:36.33
			Split 2	00:28:06.90		10:43	5.6mph	00:56:43.22
			Split 3	00:30:58.97		11:49	5.1mph	01:27:42.19
			Split 4	00:30:56.26		11:48	5.1mph	01:58:38.44
			Split 5	00:32:55.30		12:33	4.8mph	02:31:33.74
			Split 6	00:33:47.33		12:53	4.7mph	03:05:21.07
			Split 7	00:36:50.33		14:03	4.3mph	03:42:11.39
			Split 8	00:35:21.23		13:29	4.4mph	04:17:32.62
			Split 9	00:34:29.47		13:09	4.6mph	04:52:02.09
			Split 10	00:35:22.38		13:30	4.4mph	05:27:24.46
4	Liam McDonnell				590			05:53:49

JETC 2023 ; Trail Half Marathon

Pace	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
	1	CHRISTOPHER DEAN NH	M: 1	RUNNER	540	01:33:06.15	07:06	8.4mpH	Overall Male Runners: 1
<i>Split Description Split Time Pace Speed Cumulative</i> Split 1 00:22:04.43 08:25 7.1mpH 00:22:04.43 Split 2 00:22:15.67 08:29 7.1mpH 00:44:20.10 Split 3 00:00:00.44 00:00 2168.24mpH 00:44:20.53 Split 4 00:24:02.38 09:10 6.5mpH 01:08:22.90 Split 5 00:24:43.28 09:28 6.4mpH 01:33:06.15									
	2	CONRAD STRUCKMAN HOLLIS, NH	M: 2	RUNNER	559	01:48:18.30	08:16	7.3mpH	Overall Male Runners: 2
<i>Split Description Split Time Pace Speed Cumulative</i> Split 1 00:19:54.58 07:35 7.9mpH 00:19:54.58 Split 2 00:21:43.00 08:17 7.2mpH 00:41:37.57 Split 3 00:22:13.22 08:28 7.1mpH 01:03:50.79 Split 4 00:22:35.69 08:37 7.0mpH 01:26:26.48 Split 5 00:21:51.82 08:20 7.2mpH 01:48:18.30									
	3	WALTER MELTZER MONT VERNON, NH	M: 3	RUNNER	555	01:58:20.11	09:02	6.8mpH	Overall Male Runners: 3
<i>Split Description Split Time Pace Speed Cumulative</i> Split 1 00:23:45.64 09:04 6.6mpH 00:23:45.64 Split 2 00:23:27.42 08:57 6.7mpH 00:47:13.06 Split 3 00:23:34.73 08:59 6.7mpH 01:10:47.78 Split 4 00:23:40.84 09:02 6.6mpH 01:34:28.62 Split 5 00:23:51.49 09:06 6.6mpH 01:58:20.11									
	4	SELAH EASTWOOD DERRY, NH	F: 1	RUNNER	542	02:00:28.44	09:11	6.5mpH	Overall Female Runners: 1
<i>Split Description Split Time Pace Speed Cumulative</i> Split 1 00:23:11.62 08:51 6.8mpH 00:23:11.62 Split 2 00:23:58.36 09:08 6.6mpH 00:47:09.98 Split 3 00:24:46.57 09:27 6.3mpH 01:11:56.54 Split 4 00:24:10.54 09:13 6.5mpH 01:36:07.07 Split 5 00:24:21.38 09:17 6.5mpH 02:00:28.44									
	5	KATHERINE GALINDO WEST BOYLSTON, MA	F: 2	RUNNER	546	02:05:32.74	09:35	6.3mpH	Overall Female Runners: 2
<i>Split Description Split Time Pace Speed Cumulative</i> Split 1 00:28:17.19 09:39 6.2mpH 00:28:17.19 Split 2 00:28:14.61 09:38 6.2mpH 00:56:31.79 Split 3 00:28:03.75 09:33 6.3mpH 01:15:35.54 Split 4 00:28:02.43 09:33 6.3mpH 01:40:37.97 Split 5 00:24:54.78 09:30 6.3mpH 02:05:32.74									
	6	SEAN McDONALD HOOKSETT, NH	M: 4	RUNNER	554	02:14:13.44	10:14	5.9mpH	Overall Male Runners: 4
<i>Split Description Split Time Pace Speed Cumulative</i> Split 1 00:24:21.92 09:17 6.5mpH 00:24:21.92 Split 2 00:28:30.40 09:44 6.2mpH 00:49:52.31 Split 3 00:27:45.32 09:35 5.7mpH 01:17:37.63 Split 4 00:28:29.92 10:06 5.9mpH 01:44:07.55 Split 5 00:30:05.90 11:29 5.2mpH 02:14:13.44									
	7	VINCENT FRAMOLARO FRUMBULL, CT	M: 5	RUNNER	545	02:16:08.48	10:23	5.8mpH	Overall Male Runners: 5
<i>Split Description Split Time Pace Speed Cumulative</i> Split 1 00:25:41.26 09:48 6.1mpH 00:25:41.26 Split 2 00:27:17.13 10:24 5.8mpH 00:52:58.39 Split 3 00:28:48.46 09:51 6.1mpH 01:18:46.84 Split 4 00:27:26.65 10:28 5.7mpH 01:44:13.49 Split 5 00:29:54.99 11:25 5.3mpH 02:16:08.48									
	8	KRISTINA DIAZ LONDONDERRY, NH	F: 3	RUNNER	541	02:16:16.88	10:24	5.8mpH	Overall Female Runners: 3
<i>Split Description Split Time Pace Speed Cumulative</i> Split 1 00:24:51.42 09:29 6.3mpH 00:24:51.42 Split 2 00:26:21.24 10:03 6.0mpH 00:51:12.66 Split 3 00:28:03.24 10:42 5.6mpH 01:19:15.89 Split 4 00:28:32.59 10:53 5.5mpH 01:47:48.47 Split 5 00:28:28.41 10:52 5.5mpH 02:16:16.88									
	9	JAMIE HOWE-DOUGHTY BROOKLINE, NH	F: 4	RUNNER	549	02:30:19.32	11:28	5.2mpH	Overall Female Runners: 4
<i>Split Description Split Time Pace Speed Cumulative</i> Split 1 00:27:14.47 10:23 5.6mpH 00:27:14.47 Split 2 00:28:20.80 10:49 5.5mpH 00:55:35.26 Split 3 00:29:45.89 11:21 5.3mpH 01:25:21.15 Split 4 00:31:17.81 11:56 5.0mpH 01:56:38.96 Split 5 00:33:40.36 12:51 4.7mpH 02:30:19.32									

JETC 2023 ; Trail Half Marathon

Pace	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
10	DARIA CUNNINGHAM	LUNENBURG, MA	F: 5	RUNNER	539	02:41:57.86	12:21	4.9mph	Overall Female Runners: 5
			Split Description Split Time			Pace	Speed	Cumulative	
				Split 1	00:29:44.97	11:21	5.5mph	00:29:44.97	
				Split 2	00:31:28.43	12:00	5.0mph	01:01:13.40	
				Split 3	00:32:19.85	12:20	4.9mph	01:33:33.25	
				Split 4	00:34:44.03	13:15	4.5mph	02:08:17.27	
				Split 5	00:33:40.59	12:51	4.7mph	02:41:57.86	
11	AMY SANDERSON	WESTON, MA	F: 6	RUNNER	558	02:49:18.84	12:55	4.6mph	Overall Female Runners: 6
			Split Description Split Time			Pace	Speed	Cumulative	
				Split 1	00:34:30.20	13:10	4.6mph	00:34:30.20	
				Split 2	00:34:42.40	13:14	4.5mph	01:09:12.60	
				Split 3	00:33:33.13	12:48	4.7mph	01:42:45.72	
				Split 4	00:33:56.74	12:57	4.6mph	02:16:42.46	
				Split 5	00:32:36.39	12:26	4.8mph	02:49:18.84	
12	JENN MONROE	BEDFORD, NH	F: 7	RUNNER	556	02:49:24.13	12:55	4.6mph	Overall Female Runners: 7
			Split Description Split Time			Pace	Speed	Cumulative	
				Split 1	00:32:24.75	12:22	4.8mph	00:32:24.75	
				Split 2	00:33:27.66	12:46	4.7mph	01:05:52.40	
				Split 3	00:34:09.92	13:02	4.6mph	01:40:02.32	
				Split 4	00:36:02.29	13:45	4.4mph	02:16:04.60	
				Split 5	00:33:19.54	12:43	4.7mph	02:49:24.13	
13	BRYANT MASON	BEVERLY, MA	M: 6	RUNNER	552	02:51:23.61	13:05	4.6mph	Overall Male Runners: 6
			Split Description Split Time			Pace	Speed	Cumulative	
				Split 1	00:22:03.04	08:24	7.1mph	00:22:03.04	
				Split 2	00:26:31.39	10:07	5.9mph	00:48:34.43	
				Split 3	00:30:54.33	11:47	5.1mph	01:19:28.76	
				Split 4	00:36:08.62	13:47	4.3mph	01:55:37.38	
				Split 5	00:55:46.24	21:17	2.8mph	02:51:23.61	
14	JUDI CIVIOK	LONGMEADOW, MA	F: 8	RUNNER	538	03:52:34.06	17:45	3.4mph	Overall Female Runners: 8
			Split Description Split Time			Pace	Speed	Cumulative	
				Split 1	00:44:09.46	16:51	3.6mph	00:44:09.46	
				Split 2	00:46:32.64	17:23	3.5mph	01:29:42.10	
				Split 3	00:45:52.69	17:30	3.4mph	02:15:34.79	
				Split 4	00:46:23.50	17:42	3.4mph	03:01:58.29	
				Split 5	00:50:35.78	19:18	3.1mph	03:52:34.06	
15	DAVID CIVIOK	TEMPLETON, MA	M: 7	RUNNER	537	03:52:35.40	17:45	3.4mph	Overall Male Runners: 7
			Split Description Split Time			Pace	Speed	Cumulative	
				Split 1	00:44:12.99	16:52	3.6mph	00:44:12.99	
				Split 2	01:07:41.07	23:50	2.3mph	01:51:54.05	
				Split 3	00:45:25.81	17:20	3.5mph	02:37:19.86	
				Split 4	00:34:22.47	13:07	4.6mph	03:11:42.32	
				Split 5	00:40:53.09	15:36	3.8mph	03:52:35.40	
16	HEATHER MASON	BEVERLY, MA	F: 9	RUNNER	553	03:52:35.90	17:45	3.4mph	Overall Female Runners: 9
			Split Description Split Time			Pace	Speed	Cumulative	
				Split 1	00:44:12.49	16:52	3.6mph	00:44:12.49	
				Split 2	00:46:27.72	17:21	3.5mph	01:29:40.20	
				Split 3	00:45:54.15	17:31	3.4mph	02:15:34.35	
				Split 4	00:46:20.92	17:41	3.4mph	03:01:55.27	
				Split 5	00:50:40.64	19:20	3.1mph	03:52:35.90	
17	JOHN GILL	BEVERLY, MA	M: 8	RUNNER	547	03:52:45.71	17:46	3.4mph	Overall Male Runners: 8
			Split Description Split Time			Pace	Speed	Cumulative	
				Split 1	00:44:15.19	16:53	3.6mph	00:44:15.19	
				Split 2	00:45:23.29	17:19	3.5mph	01:29:38.48	
				Split 3	00:45:58.79	17:32	3.4mph	02:15:37.26	
				Split 4	00:46:21.92	17:41	3.4mph	03:01:59.18	
				Split 5	00:50:46.54	19:22	3.1mph	03:52:45.71	

JETC 2023 ; 2 Lap Open Run

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	KATIE RESMINI	WINDHAM, NH	F: 1	RUNNER	504	00:36:32.18	06:58	8.6mph	Overall Female Runners: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:35:30.29	22:51	2.6mph	00:35:30.29
				Split 2		00:01:01.89	00:39	90.4mph	00:36:32.18
2	AARON RUDOLF	AMHERST, NH	M: 1	RUNNER	505	00:44:45.45	08:32	7.0mph	Overall Male Runners: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:22:05.14	14:13	4.2mph	00:22:05.14
				Split 2		00:22:40.32	14:35	4.1mph	00:44:45.45
3	MELISSA THIBOULT	CANDIA, NH	F: 2	RUNNER	509	00:48:42.48	09:17	6.5mph	Overall Female Runners: 2
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:24:02.22	15:28	3.9mph	00:24:02.22
				Split 2		00:24:40.26	15:52	3.8mph	00:48:42.48
4	JENNIFER POTTS	LONDONDERRY, NH	F: 3	RUNNER	503	00:49:24.21	09:25	6.4mph	Overall Female Runners: 3
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:23:58.55	15:26	3.9mph	00:23:58.55
				Split 2		00:25:25.67	16:22	3.7mph	00:49:24.21
5	HEATHER FINN	SAN FRANCISCO, CA	F: 4	RUNNER	502	00:49:57.92	09:32	6.3mph	Overall Female Runners: 4
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:24:54.18	16:01	3.7mph	00:24:54.18
				Split 2		00:25:03.74	16:08	3.7mph	00:49:57.92
6	EMILE BAIZEL	AMHERST, NH	M: 2	RUNNER	501	00:49:59.28	09:32	6.3mph	Overall Male Runners: 2
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:24:59.88	16:05	3.7mph	00:24:59.88
				Split 2		00:24:59.40	16:05	3.7mph	00:49:59.28
7	GRACIE SCHILLER	STERLING, MA	F: 5	RUNNER	507	00:50:07.42	09:33	6.3mph	Overall Female Runners: 5
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:24:03.30	15:29	3.9mph	00:24:03.30
				Split 2		00:26:04.13	16:46	3.6mph	00:50:07.42
8	MEAGAN SOJKA	DERRY, NH	F: 6	RUNNER	508	00:57:03.80	10:53	5.5mph	Overall Female Runners: 6
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:27:16.41	17:33	3.4mph	00:27:16.41
				Split 2		00:29:47.39	19:10	3.1mph	00:57:03.80
9	HEIDI VITALE	PEMBROKE, MA	F: 7	RUNNER	510	00:57:35.94	10:59	5.5mph	Overall Female Runners: 7
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:29:23.22	18:55	3.2mph	00:29:23.22
				Split 2		00:28:12.72	18:09	3.3mph	00:57:35.94
10	SCOTT SANDERSON	BETHLEHEM, NH	M: 3	RUNNER	506	01:08:09.48	13:00	4.6mph	Overall Male Runners: 3
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:34:31.37	22:13	2.7mph	00:34:31.37
				Split 2		00:33:38.11	21:39	2.8mph	01:08:09.48

JETC 2023 ; Youth 2 Lap Run

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Division Rank
1	TESSA VITALE	PEMBROKE, MA	F: 1	RUNNER	60	00:57:52.60	11:02	Overall Female Runners: 1
				<i>Split Description</i>	<i>Split Time</i>	<i>Pace</i>	<i>Speed</i>	<i>Cumulative</i>
				<i>Finish</i>	00:27:22.81	08:48	6.8mph	00:27:22.81
				<i>Split 2</i>	00:30:29.79	11:38	5.2mph	00:57:52.60
2	LANA HOFMANN	CHELMSFORD, MA	F: 2	RUNNER	59	01:19:40.24	15:12	Overall Female Runners: 2
				<i>Split Description</i>	<i>Split Time</i>	<i>Pace</i>	<i>Speed</i>	<i>Cumulative</i>
				<i>Finish</i>	00:34:33.24	11:07	5.4mph	00:34:33.24
				<i>Split 2</i>	00:45:07.00	17:13	3.5mph	01:19:40.24

JETC 2023 ; 6Hr- 5 Member

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
1	JAMES DUPUIS (BEER RUN)	PEMBROKE, NH	M: 1	RUNNER	462	Laps: 16 06:13:35.43	16	N/A	Overall Male Runners: 1	
						<u>Split Description</u> <u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish 00:23:27.27		07:07	0.0mph	00:23:27.27
						Split 2 00:18:40.67		10:03	8.4mph	00:42:07.93
						Split 3 00:26:20.83		10:13	6.0mph	01:08:28.76
						Split 4 00:26:48.33		10:55	5.9mph	01:35:17.08
						Split 5 00:28:38.48		09:48	5.5mph	02:03:55.55
						Split 6 00:25:42.49		07:42	6.1mph	02:29:38.04
						Split 7 00:20:10.77		10:52	7.8mph	02:49:48.80
						Split 8 00:24:58.85		10:50	6.3mph	03:14:47.65
						Split 9 00:28:23.61		10:52	5.5mph	03:43:11.25
						Split 10 00:28:29.22		09:48	5.5mph	04:11:40.47
						Split 11 00:25:40.81		07:50	6.1mph	04:37:21.28
						Split 12 00:20:32.49		09:39	7.7mph	04:57:53.76
						Split 13 00:25:17.89		10:12	6.2mph	05:23:11.65
						Split 14 00:26:44.04		03:42	5.9mph	05:49:55.68
						Split 15 00:09:43.27		05:19	16.2mph	05:59:38.94
						Split 16 00:13:56.49			11.3mph	06:13:35.43
2	ROSS CHILDS (CHAFING THE DREAM)	PENACOOK, NH	M: 2	RUNNER	461	Laps: 15 06:13:35.50	15	N/A	Overall Male Runners: 2	
						<u>Split Description</u> <u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish 00:23:57.23		10:25	0.0mph	00:23:57.23
						Split 2 00:27:19.26		10:00	5.8mph	00:51:16.49
						Split 3 00:26:14.10		10:54	6.0mph	01:17:30.58
						Split 4 00:28:35.04		12:47	5.5mph	01:46:05.62
						Split 5 00:33:31.77		09:30	4.7mph	02:19:37.39
						Split 6 00:24:55.55		11:13	6.3mph	02:44:32.93
						Split 7 00:29:25.30		11:08	5.3mph	03:13:58.23
						Split 8 00:29:12.15		10:52	5.4mph	03:43:10.37
						Split 9 00:28:29.85		13:09	5.5mph	04:11:40.22
						Split 10 00:34:27.24		09:57	4.6mph	04:46:07.46
						Split 11 00:26:05.32		12:17	6.0mph	05:12:12.77
						Split 12 00:32:12.22		04:26	4.9mph	05:44:24.99
						Split 13 00:11:38.14		01:22	13.5mph	05:56:03.12
						Split 14 00:03:37.07		05:18	43.5mph	05:59:40.19
						Split 15 00:13:55.32			11.3mph	06:13:35.50
3	LAURA ILSLEY (LAST MINUTE FOLKS)	AMHERST, NH	F: 1	RUNNER	463	Laps: 14 05:52:09.17	14	N/A	Overall Female Runners: 1	
						<u>Split Description</u> <u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish 00:23:50.94		10:58	0.0mph	00:23:50.94
						Split 2 00:28:44.38		07:45	5.5mph	00:52:35.31
						Split 3 00:20:19.76		10:25	7.7mph	01:12:55.07
						Split 4 00:27:17.51		10:11	5.8mph	01:40:12.57
						Split 5 00:26:42.33		09:16	5.9mph	02:06:54.90
						Split 6 00:24:17.33		08:28	6.5mph	02:31:12.22
						Split 7 00:28:01.10		11:32	5.6mph	02:59:13.32
						Split 8 00:22:12.68		10:33	7.1mph	03:21:25.99
						Split 9 00:30:13.78		09:43	5.2mph	03:51:39.76
						Split 10 00:27:40.42		09:35	6.2mph	04:19:20.18
						Split 11 00:25:27.96		10:34	6.2mph	04:44:48.13
						Split 12 00:27:42.00		09:35	5.7mph	05:12:30.13
						Split 13 00:25:07.65		05:32	6.3mph	05:37:37.77
						Split 14 00:14:31.40			10.8mph	05:52:09.17
4	MICHELLE MUNJONE (Y-KNOTS)	MANCHESTER, NH	F: 2	RUNNER	464	Laps: 10 06:06:05.85	10	N/A	Overall Female Runners: 2	
						<u>Split Description</u> <u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Finish 00:32:42.17		12:42	0.0mph	00:32:42.17
						Split 2 00:33:18.88		14:38	4.7mph	01:06:01.05
						Split 3 00:38:20.79		12:37	4.1mph	01:44:21.83
						Split 4 00:33:05.91		12:19	4.7mph	02:17:27.73
						Split 5 00:32:17.14		19:33	4.9mph	02:49:44.87
						Split 6 00:51:15.65		16:42	3.1mph	03:41:00.52
						Split 7 00:43:47.67		14:46	3.6mph	04:24:48.18
						Split 8 00:38:41.42		12:02	4.1mph	05:03:29.60
						Split 9 00:31:32.21		11:51	5.0mph	05:35:01.81
						Split 10 00:31:04.05			5.1mph	06:06:05.85

JETC 2023 ; 6Hr - 2 Member

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
1	ELIZA BROUGHTON (THE PURLOINED PENGUINS)	ELLSWORTH, ME	F: 1	RUNNER	476	Laps: 17 05:57:33.03	17	N/A	Overall Female Runners: 1	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:20:59.00			0.0mph	00:20:59.00
				Split 2		00:22:32.12		08:36	7.0mph	00:43:31.11
				Split 3		00:21:01.97		08:01	7.5mph	01:04:33.08
				Split 4		00:22:50.58		08:43	6.9mph	01:27:23.65
				Split 5		00:20:58.00		08:00	7.5mph	01:48:21.65
				Split 6		00:23:47.89		09:04	6.6mph	02:12:09.53
				Split 7		00:20:52.89		07:58	7.5mph	02:33:02.41
				Split 8		00:24:03.21		09:10	6.5mph	02:57:05.62
				Split 9		00:21:44.95		08:18	7.2mph	03:18:50.57
				Split 10		00:25:52.57		09:52	6.1mph	03:44:43.14
				Split 11		00:22:27.35		08:34	7.0mph	04:07:10.48
				Split 12		00:23:56.21		09:08	6.6mph	04:31:06.69
				Split 13		00:25:34.59		09:45	6.1mph	04:56:41.27
				Split 14		00:24:49.67		09:28	6.3mph	05:21:30.94
				Split 15		00:24:23.62		09:18	6.4mph	05:45:54.56
				Split 16		00:10:02.02		03:49	15.7mph	05:55:56.57
				Split 17		00:01:36.47		00:36	97.8mph	05:57:33.03
2	JASON CORSI (TEAM SHELLY)	FAIRFIELD, CT	M: 1	RUNNER	477	Laps: 11 05:48:40.84	11	N/A	Overall Male Runners: 1	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:33:14.31			0.0mph	00:33:14.31
				Split 2		00:25:32.26		09:44	6.2mph	00:58:46.57
				Split 3		00:36:47.87		14:02	4.3mph	01:35:34.43
				Split 4		00:29:14.78		11:09	5.4mph	02:04:49.20
				Split 5		00:40:12.21		15:20	3.9mph	02:45:01.41
				Split 6		00:29:08.48		11:07	5.4mph	03:14:09.89
				Split 7		00:30:16.84		11:33	5.2mph	03:44:26.72
				Split 8		00:39:27.80		15:03	4.0mph	04:23:54.52
				Split 9		00:32:01.03		12:13	4.9mph	04:55:55.55
				Split 10		00:20:22.58		07:46	7.7mph	05:16:18.12
				Split 11		00:32:22.72		12:21	4.9mph	05:48:40.84